



# SHAPE

Family Development Program



*The Piscataway Township Municipal Alliance  
Substance Abuse Task Force  
presents*

*FREE family programming  
Please contact Monique Y. Thompson  
Municipal Alliance Coordinator  
at 732-562-2375*

*or  
municipalalliance@piscatawaynj.org  
for more information on how to register  
and participate.*

## Solutions for



# Helping Adolescent Parent Effectiveness



**For Families with  
Tweens and Teens**

**S.H.A.P.E**

*The SHAPE Program is a family skills training program designed to **ENHANCE THE FAMILY STANDARDS OF BEHAVIOR, PARENTAL ROLES AND ADOLESCENT IDENTITY INCORPORATION INTO FAMILY STRUCTURE** while increasing resilience and reduce risk factors for behavioral, emotional, academic and social problems.*

*Program sponsored by the  
New Jersey Governors Council on Alcoholism and Drug Abuse*

*Refreshments will be served!*